# Apply today and you could be... A HIV / GU Specialist in Ndolage Hospital in Kagera, Tanzania

#### What's the context and purpose of the role?

Tanzania remains one of Africa's poorest countries, with one third of the population living below the national poverty line. HIV and AIDS prevalence is currently estimated to be 7% of the population, approximately 1.1 million Tanzanians. In response the Ministry of Health has launched an ambitious Care and Treatment Plan, which aims to provide quality care and treatment to at least 400,000 people before the close of the decade. As a HIV / GU Specialist in Ndolage Hospital, you'll support the introduction of Antiretroviral drugs and work to improve the quality and sustainability of hospital services to patients living with HIV and AIDS.

#### What does the role involve?

- > Educating and training hospital doctors and nurses in the use of ARVs
- Strengthening treatment and care for patients living with HIV and AIDS in both a clinic and ward setting and help develop an outpatient service
- > Educating and training nurses and doctors in palliative care
- Developing and delivering training sessions for doctors and other staff to build knowledge of internal medicine
- > Assessing and improving genitourinary services at the hospital

## What skills, experience and personal qualities are needed for the role?

You'll need to be MBBS or MBChB qualified with at least 3 years' post-registration experience in infectious diseases, HIV or GU medicine: membership of the Royal College of Physicians or equivalent is desirable. Some knowledge of tropical medicine would be an advantage, as would previous experience of teaching, supervising or managing others. Patience, flexibility and tolerance are important traits as you will need to adapt your skills and knowledge to different circumstances and a new cultural way of working. A willingness to learn Kiswahili will be an asset, as it will allow you to better communicate with patients and socialise with colleagues and new friends.

### And the rest...

Tanzania consists of the mainland and the two islands of Penga and Unguja, which form Zanzibar - the 'Spice Islands'. Over 4 times the size of Britain, Tanzania's landscape is vast and richly varied, consisting of extensive plains and plateaus, gorgeous inland lakes, volcanoes (both active and dormant), palm fringed white sandy beaches and of course the world's highest freestanding mountain - Kilimanjaro. Tanzania's climate is equatorial. Coastal areas are generally hot and humid and the central plateau is warm and dryer with cool nights. You'll be based in the idyllic village of Ndanda in Mtwara province at the coast of south-eastern Tanzania, along a rugged patch of coastline that leads to the country's border with Mozambique. You'll live on the hospital compound and have a reliable supply of drinking water and electricity as well as a mosquito net. Along the coast, rice and green vegetables (mchicha) with fresh fish or meat is the most popular staple food and special occasions are generally celebrated with pilau and goat!

